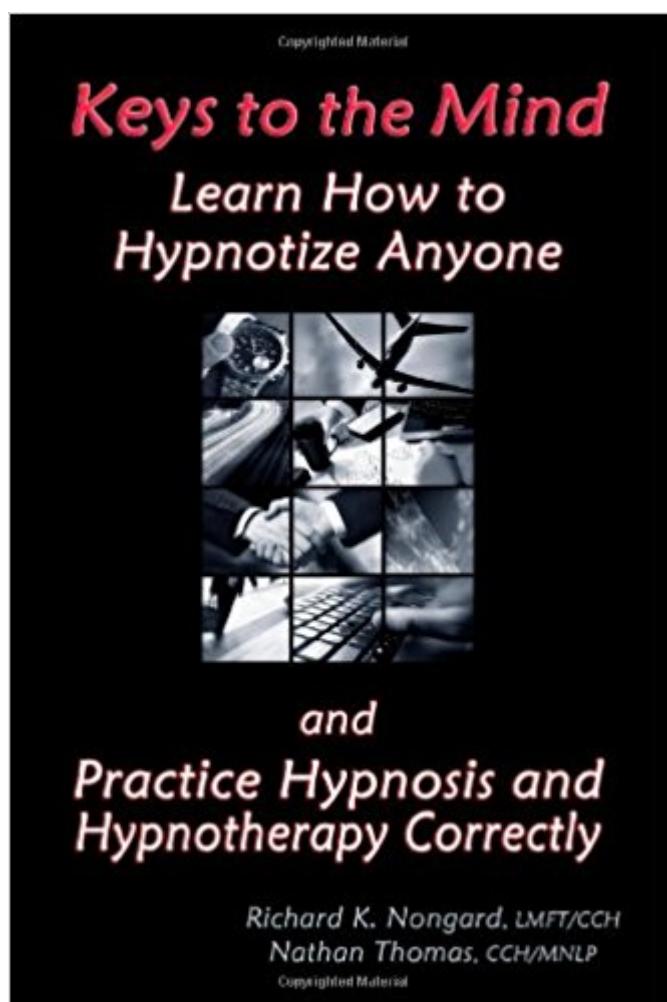


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# Keys To The Mind, Learn How To Hypnotize Anyone And Practice Hypnosis And Hypnotherapy Correctly



## **Synopsis**

"Keys to the Mind" will teach you exactly what you need to know to become a hypnotist. Learn how to hypnotize anyone successfully, and do it safely and correctly. Hypnosis is a proven tool for helping people overcome life's challenges and take control of self-defeating patterns of behavior. Whether you are brand new to hypnotherapy or are a more seasoned professional, the learnings inside will improve your successful outcomes. Learn how to: Conceptualize hypnosis and understand the keys to the hypnotic process; Explain hypnosis to clients and use convincer suggestibility tests; Perform complete hypnotic inductions - correctly; Deepen hypnotic trance for greater impact; Structure therapeutic suggestions to effectively achieve client goals; Use hypnosis to help a person stop unwanted behaviors; Awaken someone from a hypnotic trance; Use the basic language patterns of Milton Erickson and NLP (Neuro-Linguistic Programming); Handle difficult clients and intense emotions during hypnotherapy.

## **Book Information**

Paperback: 264 pages

Publisher: lulu.com; 9.1.2009 edition (October 1, 2009)

Language: English

ISBN-10: 0557097843

ISBN-13: 978-0557097845

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 33 customer reviews

Best Sellers Rank: #530,887 in Books (See Top 100 in Books) #47 in Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy #33141 in Books > Education & Teaching > Schools & Teaching

## **Customer Reviews**

Some interesting insights in here but the text is mostly very dry. I didn't come away from this book feeling like I necessarily wanted to learn more about hypnosis. It's a good primer on hypnosis however if you just want to get a realistic overview of what hypnosis involves (moral questions and techniques and what can be accomplished) of what's involved. I thought I'd be very interested in learning how to hypnotize people until I read this book, so basically it turned me off from hypnosis. That's both a good bad thing. Obviously sometimes when you learn more about something you realize it's just not something that's interesting to you, and like I said this book is a good primer.

However it also could have been written in a more inspirational way I think.

I think many of the other reviews must be fake because this book has riddled with spelling mistakes, grammatical errors, and even has parts that are simply cut-and-pasted from other sections of the book! Extremely unprofessional. That said, the book has some value but is extremely overpriced for the value. Skip it and try something else.

Thank you, delivery and product ~ excellent

Good book....detail and easy to understand. For those whom wants to acquire knowledge on hypnosis, this will be the book

It's a reading material for my rainy day. well packaged.

This is one of the better books I have read on hypnosis. It is easy to follow, well written and keeps the reader interested in what is being said.

good reading but needs to dumb things down a little but i guess it for super smart people. gonna try to learn more about it.

great

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